

Name of Ministry : Mental Health Ministry

Why We Exist: The Mental Health Ministry exists to proactively provide information and education to church, community and family caregivers

to meet the needs of those experiencing stress, grief and mental health challenges.

Our goal is to provide a safe-space where participants can freely share

the challenges they're experiencing and find the love of Jesus Christ,

support, and resources.

How We Serve: 1) We serve by organizing educational events to increase awareness of common mental health conditions

2) Responding to members and visitors.

experiencing emotional distress, mental distress and grief.

3) By participating in **Church Health Ministry** events.

4) Assisting our **Youth and Young Adult Ministry** as needed.

5) Supporting our older members that are no longer physically able to attend in-person services with calls and visits.

6) Attending Ministry meetings (virtual or in-person) 4 times a year or as needed.

7) Sharing the love of Jesus.

Isaiah 43: 2 (NLT) When you go through deep waters and great trouble, I will be with you. When you go through rivers of difficulty, you will not drown.

When you walk through the fire of oppression, you will not be burned up. The flames will not consume you.

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